

Report:

Vows of Bengal: Psychological Tradition.

Madhumita Roy

Abstract

The Bengali word 'Vrata' is derived from the root 'bri', which means rule or restraint; although different researchers have different opinions on this matter. On One point all the researchers have agreed that, vows are originated in ancient times. On ancient times, people used to observe vows to protect themselves from natural disasters and wild animals. Also, when the flows of creation was disrupted due to intense heat in summer, they used to observe the 'punnipukur vrata' *Vows of virtual pond* in the hope of rain, in ancient times, I am saying that even in later times, they used to observe 'Ghentu Vrata' or *Vows of Ghentu god* to protect themselves from skin diseases causes by scabies. However, these vows are not just religious festivals, but invented due to various societal observations. As the Bengali society was developed from agreecultural background, farming and fishing was the main occupasions of the citizens. Therefore, women used to pray from Ghentu Thakur the storage capacity of food for hundreds of years. This echo can also be heard in the poetry of the medieval poet Bharatchandra – 'May my child live on milk and rice'. The women used to pray to the goddess for the minimum amount of milk and rice for the survival of their children. Latter period, the society and our needs have changed. Therefore, now women no longer pray to Ghentu Thakur for a ball of rice, rather, they pray for a golden ball. It is clear that in modern times, women are more attached to worldly wealth.

Present 21st century is basically the age of technology. But even then the vows and the images associated with them have not been completely wiped out. Even today, if any astronaut face trouble to return from the space, he/she reminds their gods and goddesses. Therefore, though the vows have lost their relevance in the present city life but the tradition is still intact among the general folk belief.

Key words: *Primitive society, Animal hunting, Agriculture based society, vows with offerings and sacrifice of natural objects.*

সংক্ষিপ্তসার: 'ব্' ধাতু থেকে ব্রত শব্দটি উৎপন্ন। ব্রত হল নারীমনের কামনা-বাসনাপ্রসূত মনের প্রতিচ্ছবি। তবে নারীরাই কেবল এই ব্রত পালন করে না। পুরুষেরাও করে। যেমন-'শিব চতুর্দশীর ব্রত'। আদিমকালে পশুশিকারকে কেন্দ্র করে এই ব্রতের প্রচলন হলেও এখন মূলত সৃষ্টির ধারাটিকে অক্ষুন্ন রাখার জন্যই এই ব্রত পালন করা হয়। এছাড়াও আদিমকালে মানুষ বিভিন্ন প্রাকৃতিক দুর্যোগের হাত থেকে রক্ষা পাওয়ার জন্য ব্রত পালন করত। এমনকি এই একবিংশ শতকে বিজ্ঞানের যুগে দাঁড়িয়ে মানুষ যখন মহাকাশ থেকে ফিরতে পারে না তখনও তার ঘরের লোক ব্রত পালন করে। সুতরাং বলা যায় যে এই ব্রতগুলি আদিমকালে সৃষ্টি হলেও ধারাটি আজও বহমান।

মূল শব্দ: সভ্যতার বিভিন্ন ধাপে ব্রতের উদ্ভব, ব্রত পালনের জন্য মাটির ঘট, আলপনা, তুলসি পাতা, মাটির প্রদীপ, ফুল ইত্যাদি প্রাকৃতিক অর্ঘ্য।

evsjvi eʔ: gb⁻ZwZK ciɔciɪ

c_g Aa^vq:- evsjvi eZ: msÁv, ⁻i/c I t^kY^wefvM

evsjvi eZ: msÁv I ⁻i/c:-

e,- avZ t⁻ʔK eZ kã (e,+ AZ)(AZK) = eZ) Drcb| eZ K⁻Uⁱ mvaviY A⁻ w^bqg ev mshg| mvaviYZ t^kvbl w^kQ Kvgbv Kⁱ t⁻eZvi K^vʔQ w^ek^l cv⁻bv Rwb^tq t^kvbl w^ek^l Av^Pvi cvjb ev Abôvb Kiv কিংবা cv⁻e K^j v^ʔ Kvgbv - ⁻ʔk w^gʔj - যে mv^gwRK w^bqg ev Abôvb cvjb Kiv nq Zv^ʔKB eZ ejv nq|

eZ nj bvix g^tbi Kvgbv evmbv cmZ g^tbi c^wZ^Qie gv^l| e^ʔZi ga⁻ w⁻ʔq bvixiv Zv^ʔ⁻i Bn^ʔj^ʂKK - cvⁱʔj^ʂKK P^wn⁻v ciY K^ti| h^w⁻l e^ʔZ t^kej bvix^ʔ⁻i GK^Ql A^waK^{vi} c^wZ^ôZ bq| Ggb A^tbK eZ Av^ʔQ th, w^j bvix^ʔ⁻i m^ʔ½ ci^livl cvjb Kⁱ ⁻v^ʔK| thgb - w^{kei}w^l eZ| gjZ c^ʔw^kK^{vi}ʔK t^k > K^ti GB e^ʔZi m^lcvZ n^ʔj I cieZ^xK^vʔj w^{ke}k^K K^wlK^vRi t⁻eZvi^ʔc A^ʔxfZ Kiv n^ʔq^ʔQ| Avi ZvB c^kuZ^ʔK km⁻k^vg^jvq f^wi^ʔq Zj^ʔZ, m^ʔô A^ʔg^vN avi^wU^ʔK A^ʂʂ^ʂ ivL^ʔZ bvixi mv⁻ mv⁻ ci^livl GB eZ cvjb Kⁱ ⁻v^ʔK| GB eZ, w^ji K^ʔe t⁻ʔK m^lcvZ n^ʔq^ʔQj th w^{el}ʔq m^wb⁻ô cg^vʔ bv cvlq^v t^Mʔj I A^tbK M^ʔelKB GK⁻v⁻xK^{vi} K^ti^ʔQb th t^{er}kⁱ f^vM bvix eZB A^w⁻gK^vʔj i m^ʔô| A^w⁻g g^vbl w^Qj gjZ c^kuZ w^bfⁱ| A^waK^{isk} t^ʔʔ^ʔlB c^wZK^j c^wi^ʔe^ʔkⁱ m^ʔ½ msM^{vg} K^ti, Zv^ʔ⁻i t^{et}P ⁻vK^ʔZ nZ| ZvB cK w^ZʔK Zô KⁱʔZ Zviv b^wb^wea eZ cvjb KⁱʔZ ^ʔi“ K^ti| thgb- eUe, ʔtmev, Ak^l eZ, BZ^w⁻| GQ^vov I GB e, ʔj Q^vqv c⁻v^bK^{vix} e, ʔj, w^{nm}v^ʔel ⁻xKZ বীষ্মকালে cLi tⁱʔ^ʔ⁻i w⁻ʔb K^vʂ c^w⁻K GB e, ʔj i b^xP GKULw^b w^{ek}vg^l w^bʔZ cv^ʔib| e^ʔZi Av^{bl} w^ʔ½K w^{el}q w^{nm}v^ʔe যে w^Rbm, ʔjv AZ^ʂ , i“ZcY Zv nj-

g^wUi NU I Avjcbv| g^wUi NU gjZ m^ʂvb m^æv bvixi cZ^xK| bvix thⁿZ m^ʂvb Drcv⁻b K^ti Avi t^ʔʔ^ʔZI dmj Drcv⁻Z nq ZvB bvix^ʔK Deivk^w ³ i cZ^xK g^tb Kiv nq| AZ^xʔZ A^waK dmj Drcv⁻ʔbi Av^kvq, g^wUi Deivk^w ³ e^ʔxⁱ Av^kvq t^ʔʔ^ʔZ bvix^ʔK e^wj t⁻lq^v nZ| t^mB Deivk^w ³ i aviYv t⁻ʔKB w^{ef}b eZ cvj^ʔbi t^ʔʔ^ʔl g^wUi NU c^wZ⁻vc^ʔbi Ab^l w^ʔ½U G^tm^ʔQ| GQ^vov I g^wUi N^ʔUi g^ʔa“ আমের ডাল সহ পাতা, mc^wi, A^tbK t^ʔʔ^ʔl W^ʔʔe i e⁻venvi Kiv nq| hvi c^ʔZ⁻K^wUB Deivk^w ³ i cZ^xK w^{nm}v^ʔe গ^Y”|

e^ʔZi Av^{bl} w^ʔ½K Av^tiK^w , i“ZcY A^ʔ½ nj Avjcbv| Avjcbv nj bvix g^tbi Kvgbv-evmbvi c^ʔʔiK^wqZ ʂ^uc| Avjcbvi m^ʔô A^w⁻gK^vj t⁻ʔKB| A^w⁻gK^vj t⁻ʔKB bvix e^ʔZi GK^U AZ⁻ʔek⁻K^q Dcv⁻vb w^{nm}v^ʔe Avjcbvi e⁻envi j ʔ^ʔ Kiv hvq| Z^ʔe ZLb g^vb^ʔl i R^xeb thⁿZ w^Qj w^kK^{vi}t^k > K, ZvB Avjcbvi g^ʔa“ I c^wLi cv^ʔqi Qvc, w^kK^vʔi i w^{ef}b A⁻k^ʔ⁻i Qie j ʔ^ʔ Kiv hvq| G cm^ʔ½ GK^wU w^{el}q j ʔ^ʔʔi^ʔ th, GLb Avjcbvq th, w^j লক্ষ্মী cv w^{nm}v^ʔe c^wiM^{YZ} AZ^xʔZ t^m, w^j w^Qj gjZ w^{ef}b cⁱ-c^wLi cv^ʔqi cZ^xK^wqZ i“c| t^mB cv^ʔqi w^Pý, ʔjvB cieZ^xK^vʔj K^wl w^fiEK mf⁻Z M^ʔo IVvi m^ʔ½ m^ʔ½ e^ʔZi t^ʔʔ^ʔl I w^kQ c^wieZb mⁱPZ nj| thgb - t^cʂl cveY eZ| hv GK^vʂ f^vʔeB K^wl^ʔK^w > K| GB e^ʔZ av^ʔbi গোলা, av^ʔbi Qov, কা^ʔ, av^gv BZ^w⁻i Avjcbv Av^kv nq| G, w^ji c^ʔZ⁻K^wU w^RbmB K^wlK^vRi AZ^ʂ c^ʔq^vRb^xq I

AZ`vek`Kxq Dcv`vb wnmvte ciwiMwYZ nq| GLv#b av#bi গোলা Av#vi ga`w`#q “Avgvi mš-vb thb \_v#K`#a fv#Z”¹ embwU c”Qb _v#K| GQvoVl GB w`b N#i N#i w#c#V ciw তৈরি করার GKUv tiwqVR t`Lv hvq| hv wbtm#`#n tfvRbiwK ev#2w ji tfvRbiwKZv#K gZ K#i tZv#j| Avil cieZxKv#j e`emv-eWYtR`i cmvi NUvi m#½ m#½ km`fvUv#i t`ex jস্মী, Aw`g wKkViRxwe gvb#li t`eZv MtYk cgLiv wKQUv t#cšiwYK iO Plo#q ব্যবসায়িক উন্নতিলাভের t`e-t`ex wnmvte ciwZwôZ n#q DVj| Zv#`i Aw`gZv N#P wMtq Zviv D”PZi mgv#R vqX Avmb jvf Ki j| Abরুচfvte Avjcbvi t#t#l GKwU cwieZb mwPZ nj| Av#M jস্মী etZi Avjcbvq thLv#b gLZ jস্মীর cv Av#vi tiliqVR wQj| পরে সেLv#b ifv#f#i t`vZK wnmvte jস্মীর c`wPt#y cvkvckw izfvUvi, cUdj, tCbwi Qiel`ii` nj| tCb th#nZ Bui#K f#t#e ga`w`#q km`m#c` i#v K#i \_v#K, ZvB tCbwl Kj`vYKvix Rxe wnmvte jস্মীর cv#k Zvi AvmbUv cvKv K#i wbj|

tkYx wefvM:-

Aebw`bv`VwKi Zvi `evsjvi eZ², Mtš eZ, wj#K wZbwU tkYx#Z fvm K#i#Qb-

1. tg#qwj eZ
2. Kgvix eZ
3. kv`xq ev t#cšiwYK eZ

1. tg#qwj eZ:-

tg#qwj eZ, wj Gkev#i Aw`gKv#j m#l| Aw`gKv#j bvixiv bvbwea Kvgbv-evmbv PwiZv_Zvi Rন্য GB eZ cvjb KiZ| mZivs bvix eZ, wj GKvšfvteB bvixg#bi m# fvebvi ewncKvk| thgb - lôx eZ - bvixgvÎB mšv#bi g½j Kvgbvq ব্রতী| ZvB mšvb R#bi ci mšvb hv#Z mewe`g<sup>3</sup> \_v#K ZvB Zviv lôx eZ cvjb K#i \_v#K| ষষ্ঠী ব্রতের উদ্ভব সম্পর্কে গল্প প্রচলিত আছে যে, lôx cRvi w`b kv`io lôx cRvi Av#qvRb K#i#Qb, Avi bvbwea e`vÄb t`#L Zvi eDgv t#jvf mseiy Ki#Z bv t#c#i e`vÄbw` t`#K কিছু তুলে খেয়ে ফেলায়, তার evievi gZ mšvb cme হয়| cieZxKv#j hLb tm Zvi fj eS#Z t#c#i Kvgg#bvev#K” f³ mnKv#i lôx t`exi cRv K#i ZLb tm Avevi GKwU m` mšv#bi Rb# w`#Z mg\_nq| h`l lôxর A#bK fvm Av#Q - kxZj lôx - Pvpov lôx, A#kvK lôx, BZ`w`| me lôxi g#jB mšv#bi g½j Kvgbv l msmv#i i g½j Kvgbv i elqU RwoZ Av#Q|

2. Kgvix eZ:-

Kgvix eZ, wj gLZ bvixi iRt`লা nevi c#er mgq chš cvjb K#i| thgb - ‘KjKjwZi eZ’, ‘kcZj eZ’ BZ`w`| ‘KjKjwZi eZ’ gLZ Kgvix tg#qiv K#i i g½j Kvgbv, পূর্ব পুরুষের পুজো, সর্বোপরি M#ni g½j Kvgbv করে| `kcZj et tg#qiv cv#eQi eqm t`#K cvjb Ki#Z`ii` K#i| Gi m#½ bvix Rxe#bi GKUv, i”Zcyielq, cwZ cvevi Kvgbv Rwo#q \_v#K - ZvI Avevi iv#gi g#Zv ciZ, mxZvi g#Zv mZx nevi evmbv RwoZ \_v#K| সর্বোপরি tmKv#j mgv#R evj`weevn cPwZ _vKvq Le`vfwieKfvte tQvU t`#KB GB evmbv, wj Kgvix tg#q#`i gb#K Awakvi K#i \_vKZ| Avi Zviv GBme eZ cvj#bi ga`w`#q g#b g#b Zv cv_bv KiZ|

3. kv⁻xq ev t^cš i^wYK eZ:-

GB eZ ,^wj gjZ Av^Pvi কেল্লিক। h^wMhÁ, e^wj⁻ vb, , i⁻“^wYv BZ^{-w} b^wb^wea Dc^v vb sÄ^vZ| GB eZ ,^wj gL⁻Z ব্রাহ্মণ ag, i^vRb^wZ, c i^c c i^v Z⁻ v ms^{-w}Z⁺K G⁺ t⁺k c^wZô^v K⁺ i^wQj| t^hgb- mZ⁻ b^vi^vqY eZ - G^wU gjZ c^xi⁻ i^Mvi eZ n⁺j l GB GK^wU c^av^b Dc^v vb n^j cR^v t⁺k⁺ l hÁ Kiv, ব্রাহ্মণকে⁻ “^wYv c⁻ vb Kiv BZ^{-w} | Gi m⁺½ l gjZ m^vsm^wiK mL-k^wš i^qvi বিষয়টি R^woZ⁻ v⁺K|

mZivs; e^jv h^vq t^h, b^vi^x eZ, K^gvⁱx eZ, kv⁻xq ev t^cš i^wYK eZ h^vB⁻ v^k b^v t⁺K^b me eZ, ^wj i g⁺j B m⁺sm^v i i g^½ j m^va⁺bi e^vc^vi i^wUB R^woZ Av⁺Q|

∅Z^xq Aa⁻vq:-

eZ l mg^vRgb⁻Ē:-

eZ, ^wj K^gb^v-e^wm^bv^cmZ n⁺j l সমাজতান্ত্রিকের⁻ “⁺ t⁺q Abm^Üv^b Ki⁺j G, ^wj i g⁺a⁻ l ZrK^vj^xb mg^v Rⁱ A⁺b^k c^wZ⁻Q^we c^v l q^v h^vq| t^hgb - ‘P^Üxⁱ eZ’| GL^vt^b t⁻ ex P^Üxⁱ gL⁻Z e^va mg^v Rⁱ Dc^v s⁻ t⁻ ex ^wnm^v t^e c^wi গণিত| A^w g Ai^v P^vi^x g^vbl Z^v t⁻ i R^xie^kv⁻ b^ev⁺ t⁺ni Z^v m⁺ t⁻ “K⁺ s^ev A^v i l t^ew^k c⁺ i⁻ k⁺ K^v t⁺ i j t⁺ “^w k⁺ K^v t⁺ i t⁻ ex P^Üx⁺ K Zó Ki⁺ t⁺ Z^b l K^v j t⁺ KZ-d^j i^v i Dc^v L⁻ vb Z^v i B⁻ “⁺ š| h^w l G c^m½ abc^v Z সওদাগর ও খুল্লনার Dc^v L⁻ vb l c^P i^j Z Av⁺ Q| cⁱ eZ^x K^v t⁺ j Ave^v i t⁻ ex P^Üx⁺ K দু^m vi m^v t⁻ GK^x fZ Kiv n⁺ t⁺ q⁺ Q| Z⁺ t^e A^w gZ^v i a^v i^w U “Pⁱ Z⁺ i ^wej^x b n⁺ t⁺ q h^v q⁺ b| t⁻ ex i t^e v⁺ t⁺ bi “^b t⁺ f^v i t^e j^v q K^j v^m Q⁺ K “^v b Kiv⁺ b^v, b^e c^w i⁺ K^v i A^w a⁺ v^b, NU cR^v, b^e g^x i “⁺ t⁺ b t⁻ ex মা’র m^v g⁺ t⁺ b e^j c⁻ vb m^e i^w KQB A^w g ms^{-w} Zi c^w i^P v^y K| h^w l h⁺ Mⁱ c^w i বর্তনের m⁺½ t⁻ ex i g^w Z “^b g^v v⁺ গের t⁺ q⁺ t⁺ i “KQ e⁻ j t⁻ L^v t⁺ M⁺ Q| Av⁺ M t⁻ ex g^w Z⁺ Z “Qj e⁺ t⁺ b⁻ q⁺ v^b i “^c k| K^v j μ⁺ t⁺ g t^h L⁺ t⁺ b G⁺ t⁺ m⁺ Q “⁻ t⁺ gⁱ f^e v^b l h^v “^b t⁺ m⁺ t⁺ “⁺ n GK^U v mg^v R c^w i eZ⁺ t⁺ bi “⁺ K⁺ K “⁻ c⁺ K⁺ i| GQ^v o^v l ‘g^b m^v- eZ’ এর g^b m^v দেবীও gL⁻Z Ab^v h ms^{-w} Zi a^v i K e^v n^k | Z⁺ t^e G⁺ t⁺ q⁺ t⁺ i g^b m^v i “^w U i⁻ c Avg⁺ t⁻ i K^v t⁺ Q “⁻ c⁺ l GK^U v Z^v i মূর্তিরূপ A^v i GK^U v Z^v i cZ^x K^w qZ রূপ| n^v l o^v t⁺ R^j v i AšMZ D^j t^e “^w o⁺ q⁺ t⁻ t⁺ K t⁺ L⁺ q⁺ t⁺ c⁺ i⁺ v⁺ j c⁺ t⁺ o⁺ n^x i^v c⁺ i M^g | t⁺ m⁺ L⁺ t⁺ b c^w i Z i^e e^v i t⁻ ex gⁱ Z⁺ রূপে c^w i RZ n^b Ges n^w e^w j Z^v i c^a v^b A^½ | Ave^v i g^b m^v i cZ^x K^w qZ রূপ সিং M^v Q⁺ K cR^v Kiv⁺ K t⁺ K⁺ “⁺ K⁺ i n^v l o^v t⁺ R^j v i AšMZ t⁻ D^j “^w U i R^v j c^v B M^v t⁺ g ‘X^v v o^v c^v j^v’ b⁺ t⁺ g GK^c K^v i eZ c^v j^b Kiv n^q l GQ^v o^v l f^v “⁺ g^v t⁺ m⁺ i^v b^v cR^v l c^w Z M⁺ “⁻ e^w i o⁺ Z e^v “⁺ t⁻ eZ^v ^wnm^v t^e সিং M^v Q⁺ K cR^v Kiv i i^x Z t⁻ L^v h^v q| Z⁺ t^e m^e t⁺ q⁺ t⁺ i⁺ B m^c f^x i Z i GK^U v f^e v^b R^w oZ⁻ v⁺ K “^w KB| Z^v i m⁺½ h^m h^m a⁺ tⁱ μ^g š⁺ t⁺ q j^v vⁱ j Z-e^w n⁺ Z Deⁱ Z^v e^w xⁱ a^v i Y^w U⁺ K l G⁺ t⁺ K^e v⁺ i D⁺ t⁺ c⁺ q⁺ v Kiv h^v q⁺ b^v | Z⁺ t^e h^m ও g^v b⁺ l i c^w i eZ⁺ t⁺ bi m⁺½ m⁺½ g⁺ t⁺ b^w e⁺ Á⁺ v⁺ t⁺ bi a^v i Y^w U l Gi m⁺½ h³ n⁺ t⁺ q⁺ Q| t^h e⁺ Á⁺ v⁺ b e⁺ t⁺ j m^v c n^j t^h š^b Z^v i cZ^x K| e^w k⁺ o⁺ g⁺ t⁺ b^w e⁺ Á⁺ v⁺ b^x “^w m⁺ Mg^Ü d⁺ t⁺ q⁺ W e⁺ t⁺ j b - g^v b^e g⁺ t⁺ bⁱ AZ⁺ B K^g b^v-e^w m^b v^b B t^h t⁺ n⁺ Z “⁺ t⁺ cⁱ ga⁻ “⁺ t⁺ q c^w i Z^f v⁺ Z n^q- t⁺ m⁺ t⁺ n⁺ Z “⁻ c t^h b Ae⁻ “^w gZ t^h š^b P^w i n⁻ v⁺ t⁺ KB gZ K⁺ i t⁺ Z⁺ t⁺ j l m^e c^w i GK^U Z⁺ j⁺ t⁺ q t⁻ L⁺ j t⁻ L^v h^v q GZ^w K^Q i c⁺ t⁺ i l t^h š^b Z^v i d^j “⁻ i⁻ c m⁺ š^b D^r c^v “^b Deⁱ Z⁺ t⁺ K⁺ “^x K f^e v^e a^v i^w U⁺ t⁺ KB m⁻ c⁺ K⁺ i|

a⁺ t⁺ gⁱ eZ i g⁺ a⁻ l GK^U v A^w gZ^v i Q^v c “⁻ c⁺ | ag V^w Ki gjZ GK L^Ü “^k j^v t⁺ KB cR^v Kiv n^q l Gi m⁺½ t^e š^x Z⁺ šⁱ i t⁺ K^v b t⁺ K^v b “^w g j c^v l q^v h^v q “^w KB Z^{-w} c GL^b l A⁺ b^k R^v q⁺ M^v q “^P i⁺ g^v t⁺ mⁱ 27, 28 Z^w i⁺ l GK^R b “^b ô^v e^v b m^b “^w m^x t⁺ K “^w Z^b “^b n^w e⁺ l⁻ vb t⁺ L⁺ t⁺ q, d^j g^j t⁺ L⁺ t⁺ q M^j v⁺ q D⁺ Eⁱ x⁺ c⁺ i⁺ a^v b K⁺ i K⁺ v⁺ i m⁺ shg l t⁺ K⁺ t⁺ kⁱ ga⁻ “⁺ t⁺ q R^x e^b A^w Z^e w⁺ n⁺ Z K⁺ i ag t⁻ eZ^v t⁺ K m^v “^q x t⁺ i⁺ t⁺ L e⁺ t⁺ kⁱ l L^w i l cⁱ GK^w U P^j v⁺ g⁺ t⁺ Z^v “^b g^v Y

Kṛi gṃUṭZ iṽLv Lṭoi Aṃwi gṭa" `Ūvqgṽb eṃUṭZ Sṛt ṭ`l qṽi cPj b ṭ`Lv hvq| GB mgq mb"vṃxṭ` i dj QṭZṬ ṭ`Lv hvq| cPj Z ṃekṽm IB dj fṽY Kiṭj bṃK AṭbK ṃbtmṣṽb gṽṭqṽi Mṭf mṣṽb Aṽṭm| nṽlov ṭRjṽi AṣMZ eṽDṽoqṽi eṽoLv jx Mṽṭg GB aṭYi ag Sṭc ṭ`Lv hvq| GQṽovṽl `Pî msṃṽṣṭZ ṭKṽb ṭKṽb Mṽṭg PoK MṽQṭK cRṽ Kivi iṽZ ṭ`Lv hvq| Gi mṭ½ evbṭdṽovṽi iṽZṬUṬ h³ | gj mb"vṃx hviv mṽiv gṽm ṃbiṽgl Aṽnṽi Kṛi, KṭVi mshg cṽjb Kṛi, Mjṽq DĒixq cṽiavb Kṛi, AṭbKṽṣṭk ṃf ṽṭṽb Rṽeb AṽZevnZ Kṛi, ṃṭRṭK gṽṭṭ`ṭei GKṽbô mṽaK ṽnmṽṭe cṽiMṽYZ KiṭZ KṬbṬ ṃcṭV ṽîj dṽUṭq bZ" Kṛi| Aveṽi ṭKṽb ṭKṽb RṽqMṽq Kṽṽi I ci ṽṭq nṽṬb, Movb, GgbṽK Rṭj, Aṽ, ṭb Svṽ ṽṭZṬ ṭ`Lv hvq| GB eZṽUṬ gṭj K"Q mṽṭbi ṃelqṽU RṽoZ ṽKṭjṬ Zṽ GṭKeṭṭi Aṽ`gZṽ g³ bq| Abṽh ms"Zi aṽiK-evnK ṽnmṽṭe Aṽgṽv KṽjxcRṽi ṽṭ th অলক্ষী ṃeṽṭqṽi iṽZṬUṬ ṭ`ṽL Zṽ gṽZ AṽṽbK ṃf" mgṽR KZK ZṽKṽZ Amf"-eei eṭj ṽKZ gṽbṬRṭbi ms"ZṭK ṃeZṽoZ KiviB GKṽU ṽṽṣṭ| Aebṽṽ"bṽṽ VṽKi Zṽi 'বাংলার ব্রত' Mṭṣ ṭ`ṽLṭqṭQb GB অলক্ষীই nj gjZ Aṽṽ লক্ষী ev Kṽ লক্ষী| G cmṭ½ iṽRṽi evRṽr ṭṭK অলক্ষী ṽKṭb Nṭi ṽṭq hvṽl qṽi KṽnbṽṽUB GB ṽṭibṽUṭK gZ Kṛi|

Abṽh ms"Zi Aṽiṽl GK ṭ`eZṽ kṽb ṭ`eZṽ, ṽKQṽU nṭjṬ AeṭnṽjZ Aṽṽṭ`i mgṽRṽ| kṽb ṭ`eZṽi Mṽṭqṽi iO নীল, Zṽi cRṽi DcKiY ṽkiṽb, Mṭni evṬṭi Zṽi AṽaôṽbB ṃf" mgṽR KZK Abṽh ms"ZṭK বহিষ্কṭṭi i ṽṽKṽUṭK mṽPZ Kṭiṽ| GgbṽK Aṽṽṭ`i AZṽṽ Nṽṽ" gṽbṽmKZṽi cṽiPq ṽi/c GB ṭ`eZṽi cmṽ` chṣṭ gṽbṬ Mṭni ṽfZi Aṽṭb bṽ| AṽṽbK ṃf"mgṽR kṽb ṭ`eZṽi KbRi KṽUṽṭṽi Rb" AṭbK mgq KṽKṭK ṭfṽṭṭejṽq iṽU cṽṽb Kṛi, GgbṽK AṭbK eṽ gjṽevb iZ chṣṭ cṽiavb Kṛiṽ| ṭKṽb ṭKṽb ṭṽṽṽ Aveṽi bṽj mZṽi eṽenviṽ ṭ`Lv hvq| Zṭe G ṃeṽKQṽi gṭj iṭqṭQ gjZ Abṽh ms"ZṭK cṽinṽi Kivi GKṽU cṽṽm|

Aṽṽṭ`i Aṽṽ`g ms"Zi cṽiPṽqK Aṽi GK ṭ`eZṽ eṽev cĀṽṽ`ṽl gjZ ṃf"Zṽi cṽṽgK cṭeiB ṭ`eZṽ| ZṽB eU, Akṽ MṽṭQṽi Zjṽq Zṽi Aṽaôṽb| Aṽṽ`g gṽṭṭiṽi gṭZṽB Zṽṭ`i ṭ`eZṽṽl MṽQZjṽq eṽev ṽnmṽṭeB cṽZṽôZṽ| GgbṽK Zṽi evnb ṭNṽovṽl cṽgṽZṭK cRṽ Kivi ṃelṽṽUṭK mṽṭṭb GṭṭṭQṽ|

mZṽṽs Aṽṽ`gZṽṭK KṽUṭq gṽbṬ hZB ṃf" nṭq DVK Zṽi ag, iṽZbṽṽZ, eZKṽṽ mṽKQṽi gṭa" iṭq ṭMṭQ Aṽṽ`gZṽi ṽckṽ| GgbṽK gṽbṬ Kṽṽṽbfiṽ ṽṭṭṭg eṽemṽ eṽṽṽṽR"i ṽṭi DbṽZ nṭjṬ এখনও Zṽi cṽṽjZ eZ, ṽji ṭṽṽṽṽ GB aṽiv, ṽj engṽb ṭṭṭṭṭṭQṽ| Kṽṽṽbfiṽ mgṽRi GKṽU AZṽṽ, i"ZcY ṃac`nj Mi"ṽ RṽṭṭZ jṽOj ṭ`l qṽi Rb" ṽKsev Mṭn Lvṽṽ"i ṭṽMṽṭbi Rb" ṭṭṭṭṭṭ KṽiṭYB ṭnṽK bṽ ṭKb MiṭṭK fMeZṽi mṭ½ṽl Zjṽv Kiv nqṽ| G cmṭ½ ṃeṭklṽṽṽ ṽṽiYṽq ঈkix cṽUṽṽi ṭmB ṃebṽZ Dṽ³ - 'cYṽṽqṽ cṽUṽb KṽṽṭQ ṭRṽo nṽṭZ / Aṽṽi mṣṽb ṭṭb ṽṭK ṭṭa fṽṭZ" i gṭZṽ eṽmbṽṽUṬ Aṽṽṭ`i Kṽṽcavb mgṽR mṣṽṭbi ṭṬṭṭ cṭi ṭṭṭṭ ṽKṽi fṽegṽZṽUṭKB gZ Kṛi ṭZṽṽjṽ| ZṽB bṽixiv MiṭṭK Aṽiṽl GKṽU fṽj iṽLvṽi Rb" ṭMṽcṽjeZ', 'ZIZIṽjeZ', BZṽṽṽ cṽjb Kṛi ṽṭKbṽ|

Aṽi eṽemṽ eṽṽṽṽR"i Aṽaôṽṽṽ ṭ`e ও ṭ`ex ṛṭc jṽṽṽ-MṭYk ṭZṽ Zṽṭ`i ṽṽb GṭKeṭṭi cṽKṽ KṭiB ṽṭṭṭṭQṽ| G cmṭ½ eṽṽṽR" bMṽx ṽnmṽṭe cṽmṽ gṽṽB (gnṽivó) knṭiṽr নাম উল্লেখṽ| Aṽṽ GB jṽṽṽ MṭYkṽl Aṽṽ`gZg mgṽR ṭṭK উদ্ভূতṽ| eZṽṽṽb Aṽi GK ṭ`eZṽ KṽṽZKṽl ṽṭṭṭṭK AṽṽbK mgṽR cṽZṽôZ KiṭZ ṭṭṭṭṭṭQṽ| en bṽix GLb ṛṭṭṭṭṭṭ ṭ`eZṽ KṽṽZṭKi gṭZṽ mṣṽb jṽṽfṽi Aṽṽqṽ KṽṽZK eZ cṽjb Kṛi ṽṽKṽ| Aṽṽ KṽṽZK ṃacṭṭK cPj Z AṽṽKṽṽ Kṽṽnbṽṽ ZṽṭK Nṽṽ" ṭ`eZṽ ṽnmṽṭe cṽiMṽṽZ Kṛiṽ| G cmṭ½ GKeṽi KṽṽṭṭKi gṽZMṽṽx neṽi KṽṽnbṽṽU ZṽṭK bṽix mgṽR AZṽṽ Nṽṽ" Kṛi ṭZṽṽjṽ|

mZivs ejv hvq, wkKviwbf i mf"Zv t_K i i" Kti mgt c'icvj b, KwikvRi ga" w`tq e`vemv-ewwR"i
cmvi chš mgvRi GB cwiKvVtgvMZ cwieZb, wjK Rvbi Rb" GB eZ, wj D+jLthvM"Zvi `we i vLl
ZZxq Aa`vq:

eZve+kIY:- eZ gvBb tKej gvÎ bvi x gbi Kvgbv-embv cmZ gbi ciZ"Qiegvi bq| Z_mÜvbi `wó
w`tq j j" Ki+j Gi gta" eü Zt\_i mÜvbi cvlqv hvte| evsjvi eZ, wjK we+kIY Ki+j `wU w`K gjZ
cö nqt I tV- 1. mgvRZwZK w`K 2. agxq w`K

1. সমাজতাত্ত্বিক দিক:- tKvB eZi ga" w`tqB mgvRi Qie DtV Avtm| GLb tmB mgvR hw` nq
wkKviRxbi Aw`g gvbti i mgvR Zvn+j eZi ga" w`tq Aw`g mgvRi Qie dtU I tV| wKsev tmB
mgvR hw` nq KwlwfEëK mgvR Zvn+j eZi ga" w`tq KwlwfEëK mgvRi Qie dtU I tV| mZivs,
ejv hvq eZ gvÎB mgvRi cWZdj b| nqtZv hMi `weK mvgtb ti tL Zvi gta" AtbK cwieZb
mPxZ nq, Z_wc avi wU engvb|
2. agxq w`K:- eZ gvBb GKUv agxq evZveiY_vKte| tm bvi x eZ ev tcs'ivigK eZ hvB tnvK bv
tKb| tcs'ivigK eZ, wj cZ"fl fvte `vb-a`vb, hvMhÁ wbf i| wKš bvi x eZ, wj tA`_ agvbf i
bv ntj I tKvb GK Atj šwKK kr³ tK megg flgZvi AwaKvix gtb Kti ZvK tgb Pjvi e`vcviwU
wKš t_KB hvq|

thgb- thme bvi x eZ, wj Aw`gKv+j Rb! wbtqQj th, wji gtj wQj wkKvi cvevi evmbv wKsev So SÅv
cfwZ ciKwZK `thvMi nvZ t\_K i flv cvevi Rb" e, flcRvi i wZ| GBme Atj šwKK t`e-t`ex`i nqtZv
tKvb ev`e Aw`Z tBb, meUvB Aw`g gvbti i gbi KibvcmZ| ZvB ejv hvq gvbe gbB t`eZvi Rtb i
AvZoNi|

wbæ KZ, wj eZi উত্তর L I বিশ্লেষণ Kiv nj-

1. KjkjwZi eZ
2. tNui eZ
3. c'w'cKi eZ
4. BZ cRv ev avj`Mvi eZ
5. Kwj g½jevti i eZ
6. Akl eZ
7. Kjj ²x eZ
8. tcs' cveb eZ
9. t'vivcvjv eZ
10. tMvKvj eZ

1. KjkjZi eZt

eZi bvg: KjkjZi eZ

eZi mgqKvj t Avkb gvpmi msμwš †_†K KwĒK gvpmi msμwš chš mÜ"vi mgq GB eZ cvjb Kiv nq|

eZi cvjbKvixt mvavi"Z Kgvix †g†qiv GB eZ cvjb K†i _v†K|

eZi DcKiYt †KQ cwigv† gwU, GKU Zjmx MvQ, †ZbU KjcZv, †ZbU gwUi c`xc, dj, tej cvZv|

eZ c×Zt mvavi"Z Kgvix †g†qiv mÜ"vi mgq thLv†b KjkjZi eZi †vb Kiv n†q†Q †mLv†b †ZbU KjcZvi lci †ZbU gwUi c`xc Rwj†q gš e†j cRv K†i|

eZi Avjcbvt KjkjZ eZi Avjcbvi `U †K Av†Q-

1. b>bZwĒK †K

2. gb†wĒK †K

1. b>bZwĒK †Kt KjkjZi eZi Avjcbvq eiZbx GKU †Mvj G†K Zvi Pvicv†k ZjwmcvZvi †Py Av†Kb| hv Avjcbvi †mš`h e†x Ki†Z mrvh" K†i| cvkvck †MvjUi gvSLv†b `U c`xc Av†Kb| thU AÜKvi †v†bi †mš`h e†x K†i|
2. gb†wĒK †Kt KjkjZ eZi Avjcbvq th c`xc Av†Kv nq Zv †bQK GKU gwUi c`xc gv†bq, Avgv†`i RiebØxc l e†U| ZjwZjvq GB c`xc Av†Kvi ga" †q thb GB fvebv D†V Av†m th c`x†ci Av†jv †agv† ZjmxZjv†K Av†jwKZ K†i bv, Avgv†`i Rie†bi hZ Riv, RxY†, AÜKvi†K l Av†jwKZ K†i|



KjkjZi eZ

e†Zi gšt

1. K j K j Z K † j e W Z
† Z v g v i Z j v q W ` j v g e W Z
A v R R † b † M e W Z
m † Ü † b v l g v m i † Z x
(c R v i m g q)
2. Z j W m Z j W m b v i v q †
Z i g Z j W m e, ` v e b
† Z v g v i W k † i X v j R j
A š t K v † j W ` ও ব i,
(R j X v j v i m g q)
3. † K ঙ্গে কে ঙ্গে g v a e x j Z v
Z i g † K ঙ্গে K l b v K _ v
কে ঙ্গে K _ v i b j v g K v † b
M o K W i n W i i P i † Y |
(c † g K i v i m g q)

e†Zi g†Ši e V L v t-

1. K j K j Z c R v i m g q † h g š U v e j v n q Z v i m † ½ m v a v i † Z K j e v e s † k i G K W U a v i v R W o † q _ v † K |
K j K j Z Z j v q e W Z W ` † q e W Z b x † h b G K W ` † K e s k i † v A _ v r B n K v † j i A b W ` † K c i K v † j i c _
c k † K † i i v L † Z † P † q † Q b |
2. R j X v j v i g † Š i g a † W ` † q e W Z b x † h b Z j W m Z j v † K B Z v i R x e † b i M q v, e, ` v e b m v i K † i † Q b |
A b W ` † K A v š g K v † j A _ v r g Z † i m g q R j c v W i e i m b W U † K l Z † j a † i † Q b |
3. g v a e x k † ā i A _ n j G K W ` † K W P i n W i r j Z v W e † k l, A b W ` † K g v a e x A v e v i g v a † e i c Z x | ` W U A _ B
G L v † b Z v r c h † K v i Y G K W ` † K † K ঙ্গে g v † b Z j W m † K g v a e x j Z v i m † ½ A W f b K í b v K † i D f q
j Z v i g † a † m v h R † K í b v K i v n † q † Q | A b W ` † K g v a e x A v e v i g v a † e i c Z x | g v † b Z j W m Z j v † K B
† h b G K i K g i v a v K † ò i A v k q † j K í b v K † i Z v i K v † Q e W Z b x c † g † g W b † e ` b K † i † Q b |

e†Zi g b W Ē K W ` K t-

Z j W m M v Q m s h † g i c Z i K, m L - k W š i c Z i K | e i Z b x † h b m s h g, W ` i Z v i j † † GB e Z c v j b K † i _ v † K |
G Q v o v l m s m v † i m L - k W š † v c † b i R b † l G B e Z c v j b K i v n q | K W _ Z A v † Q Z j W m c v Z v i g † a † b W K
i v a v i v † i W e i v R K † i b | Z v B e p † c i Z e v i l i W e e v i b W K Z j W m c v Z v W Q o † Z † b B | A b i † c f v † e Z j W m M v † Q i
G K W U † f I R W ` K l A v † Q | Z r K v j x b m g † q † f I R J l a ^ Z i x † Z Z j W m i R W o † g j v f v i | Z j W m i i † c P P v i

৷`K৷U I eûj P৷PZ| i/cU৷bi t††î Zj ৷m A`৷U A৷ · †W৷U ৷nmv†e KvR K†i| me†k†I A৷m ciR†b†i
৷`K৷U ৷b†q| GB e†Z Zj ৷m M৷Q ciR†b†i c৷i îvZv i†c I e`veüZ n†q†Q| †QvU †QvU †g†qiv †QvU eqm
†_†KB V৷Kg- V৷Ki`v†`i KvQ †_†K ††b A৷†m BnR†b†i K_v, ciR†b†i K_v, †Mjv† c৷†i K_v| †mB
†_†K Zv†`i g†b G, ৷j †M†\_ hvq| Avi ZvB gZi ci †Mjv††i Avkvq ৷Ksev gZ`i mgq GKU Rj c†b†i
Avkvq †QvU †QvU †g†qiv GB eZ cvjb K†i _v†K|

2. †Nui eZt

e†Zi b†gt †Nui eZ

e†Zi mgqKvj† ফাল্গুন g††mi msμ৷šr ৷`†b GB eZ cvjb Kiv nq| †NU cRv m৷v††Z mKvj†ejv| †QvU
†Q†jiv mÜ`vi mgq †mB ciRZ †NU V৷Ki†K ৷b†q †e††q e৷o e৷o Pvj-cqm Av†b|

eZ cvjbKvix† m৷v††Z ৷ea৷ g††jiv †NU cRv করে _v†K|

e†Zi DcKi†† GKUv Kv†jv n৷o, ৷KQUv †Mve†i, cvBUv K৷o, †NU dj|

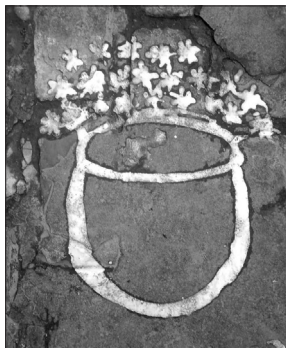
eZ c×Zt mKvj†ejv GKUv Kv†jv n৷o†Z †Mve†i ৷`†q, †Mve†i†i I ci cvBUv K৷o ৷`†q, †NU dj ৷`†q
††Kv† ৷ea৷ f`g††jv cRv Ki†e| Ave†i ev†Pviv †KD †KD e`g††q†K Kরে I U††Z BU g††i| GKU K†i
†Mve†i, GKUv K†i K৷o †h hv† N†i†i †`vi†Mviv††i†L †††e| mÜ`vi ci ev†Pvj†jiv GKUv n৷o ৷K†b Zv†Z
`†Uv করে †NU dj m৷R††q n††Z করে ৷b†q e৷o e৷o ৷M††q Pvj cqm Av††e|

1. b>`bZ৷ĖK ৷`K

2. gb`৷ĖK ৷`K

1. b>`bZ৷ĖK ৷`Kt GKU n৷o†i mi ৷U†K †NU dj ৷`†q †Mvj করে m৷Rv†b†i ga`৷`†q e†Zb†i g†b†i
†mš`h †PZb†i ৷`K৷U †có n†q D†††Q|

2. gb`৷ĖK ৷`Kt n৷o g††b km` m†c†`r cZ†K| AZ††Z n৷o†Z K†i M†††iv km` m†c` gRZ
K†i ivL†Zb| h৷` I GLb n৷o gjZ fvZ ivb†i Kv†RB e`eüZ n†q _v†K| Z_vc †Nui e†Z
n৷o†i Avjcb†i ga`৷`†q GK†Kg km` m†c` gRZ ivLv†i embwUB d†U D†††Q|



†Nui eZ

eṭZi Mbt-

1. †Nu MvB, †Nu MvB

†Miṭi eṭo Pvj-Wvj gṭjvi nṭo

2. Avqṭi †Nu Pṭo

lôx `v`i ṭgvṭo

lB lôx Kx Kiṭj

nṭZ Zṭj ṭṭq Pj Kiṭj

ṭh ṭṭe GK c jv ṭZj

Zvi nṭe ṭmṭvi evjv

ṭh ṭṭe GK c jv ṭZj

Zvi nṭe ṭmṭvi ṭṭj

ṭh ṭṭe nṭo nṭo

Zvi nṭe eo Mṭo

ṭh ṭṭe cZ

Zvi gUKṭq fZ|

3. Pj Pj Pj

Pjṭi ṭṭṭ Rj mBṭZ hvB

Rj mBṭZ ṭMṭq ṭgviv †Nuṭi mṭRvB

†Nu eo DcKvix

ZvB GṭmṭQ ṭZṭgvṭi eṭo

Pvj-cqmṭ ṭvI ṭMṭ gv

ṭeṭvq nṭq hvB|

eṭZi Mṭṭbi eṭvLvt- †Nu cRvi Mṭṭb mṭaviYZ BntjŠKK Kṭgbv-evmbv , ṭjvṭKB gZ Kṭi ṭZvjv nṭqṭQ|
(ṭhgb - ṭmṭvi ṭṭj, eo Mṭo BZṭṭ) GQvovI, eZ gvṭbB msmṭi i gṭj Kṭgbvi GKUv evmbv ṭZv ṭṭKB
_vṭK|

eṭZi মনস্তাত্ত্বিক দিকt- mṭaviYZ †Nu VṭKṭi i cRv Kiṭj ṭLvṭk-cṭṭṭ me bṭK fvj nṭq hvq| ṭKŠ GLb
īa Avi ṭLvṭk-cṭṭṭ fvj nIqv i Rbṭ †Nu VṭKṭi i cRv ṭKD Kṭib bv| Gi mṭṭ BnRvMṭZK ṭKQ evmbv I
Rṭo ṭMṭQ| AvṭM †Nu VṭKṭi i Mṭṭb ejv nZ - 'ṭh ṭṭe _vjv _vjv Zvi nṭe avṭbi ṭMṭjv' - Avṭṭi
KṭI cavṭ ṭṭk| ZvB avṭbi ṭMṭjvi evmbv RvMṭUv ṭvfweK| ZvB eZxiv †Nu VṭKṭi i KṭṭQ avṭbi ṭMṭjv cṭ_bv

KiZ| thLv#b kZ ermti i Lvevi gRZ _vK#e| Ges mšvñ-mšZiv tL#q evĐ#e| KŠ GLb mgvR cwi eZb
G#m#Q| GLbKvi t#q#q#` i tmbvvi AjsKv#i i lci tSvK teik| ZvB Zviv tNU VvK#i i Kv#Q cv_bv K#ib -
‘th t`#e _vjv _vjv
Zvi n#e tmbvvi evjv’|

3. c#’cKi eZt

e#Zi bvg- c#’cKi eZ

e#Zi mgqKvj t- ^ekvL gv#m GB eZ cvjb Kiv nq|

eZ cvjbKvixt- mvaivYZ bvixiv GB eZ cvjb K#i _v#Kb|

e#Zi DcKiY t- ewoi KQUv D#Vvb, GKUv Zj#m MvQ, dj, dj l m#`k|

eZ c#Zt- cK#i i g#a” মাটি খুঁড়ে Zj#m MvQ পুঁততে nq| cv#oi g#a” dj, m#`k #`#q cRv Ki#Z nq|

e#Zi Avjcbvt- c#’cKi e#Zi Avjcbvi `U #`K Av#Q- 1. b#`b ত#EK #`K

2. gb`#EK #`K

1. b#`bZvZK #`Kt- c#’cKi e#Z eZbx th Avjcbv Av#Kb thLv#b GK#U cKi Lbb K#i Zvi
g#a” GK#U Zj#m Mv#Q i P# A#b K#iB eZbx Lvš nb#b| cK#i i g#a” Kvi “Kvh K#i#Qb| mv#
GK#U kt#Li Q#eI G#K#Qb| #n#` bvix#` i Kv#Q k#L GK#U if P#ýi প্রতীক| Avjcbv Zvi
e#Zug bq| mZivs Gi ga” #`#q bvix g#bi tms#`h” tPZbvi cKv# j #` Kiv hvq|
2. মনস্তাত্ত্বিক দিক- #n#` atgi Zj#m ev#`#eZv #nmv#e cwi #PZ| c#Z#U ewo#Z Av#M ev#`#eZv i
cRv K#i Zvici Ab#vb” t#e-#`exi cRv Kiv nq| ZvB c#’cKi e#Zi Rb” ewZbx i Zj#m
Mv#KB t#Q #b#q#Qb| g#bi #ekvm GK#U cK#i i g#a” Zj#mMv#Q i P#ý Av#K#j Zj#mt#`eZv i
Kc#q e#p#b#g Av#e|



c#’cKi eZ

1. b>`bZwĒK w`Kt- GB eṬi Avj cbvq eṭīni Kjṁg jZvi Qie AvṬKb| Zvi gṭa"Kvi Kvi"Kvḥ
ṭ_ṭK eṭīnīr gṭbi ṭmṢ`h" ṭPZbvi cṁiPq cvlqv hvq|
২. gb`wĒK w`Kt- Kjṁg MvQ mṭZRZvi cZxK| cṁ_exṭZ Mvg cevṭni aviṁUṭK অক্ষুṭ iṁLvi Rb"
Kjṁg MvṭQi Qie AvṬv nq| GQvov I Kjṁg MvQ DeiZvi cZxK| ZvB Kjṁg MvṭQi Qie AvṬvi ga"
w`ṭq GKaiṭbi Rv` wekvm I ṭhb eṭīnīr gṭb KvR Kṭi|

eṬi gṣṭ- ṁnṭÂ, Kjṁg, ṭkṁb jKjK Kṭi

iṁRvi ṭeUv cd gvṭi

gvijvg Kd, i"ṭcvṣ ṁLj

ṭmṁbvi ṭKṢṭUv, i"ṭcvi ṁLj

Gṭmv ṭMv ṭkṁb eṭmv ṭMv Wṭj

ṭMvLṁb ṭLṭZ ṭ`e ṭmṁbvi _vṭj

ṭmṁbvi _vjv Gṭqv _vjv

Avgiṁ eo Gṭqvivbx

Gṭqvivbx bṭfṁi

aṭb cṭÎ evṁṁi|

eṬi gṭṢi eṁLvt-

GB eZṁUi gṭj Wvj dmj Drcv`ṭbi fvebv ṭK>`xfZ _vKṭj I eṬi gṢṁUi ga" w`ṭq gjZ BṭnvṭjṢṁKK
evmbv, ṭjv gZ nṭq DṭVṭQ| cvkvcvk ṭh w`KUv j ṭṭ"bxq Zv nj GLṭb i"ck_yi iṁṭR"i iṁRvi Abl½,
ṭmṁbvi ṭKṢṭUv, i"ṭcvi ṁLj, ṭmṁbvi _vjv, Gṭqvivbx i gṭZv cmṭ½ GṭmṭQ| hv mnṭRB bviṁgṭbi D"ṔvKvLv i
w`K, wjṭK Zṭj aṭi|

eṬi মনস্তাত্ত্বিক w`Kt-

Avṁṭ`i Kṁlcavb ṭṭṭk eQṭii AṁaKṁsk mgqB Ṕvl nq| ZvB AaKṁsk eṬi gṭj _vṭK fvj dmj
Drcv`b| BZ cRv I Zvi eṁWZμg bq| GB cRvi ṭhme DcKiṁ Zvi meUvB KṁlwfṁĒK| ZvB ejv hvq
fvṭjv dmj Drcv`ṭbi AvKv•Lvq bviṁiv GB eZ cvjb Kṭi _vṭK| GQvov I aṭb-cṭÎ লক্ষ্মী jṁṭfi evmbvṭZv
ṭṭKvb bviṁi gṭbB _vṭK|

4. Kṁj g½jevṭii eZt-

eṬi bṁgt- Kṁj g½jevṭii eZ

eṬi mgqKṁṭ- AMnvqṁ gvṭmi g½jevṭi `citejv GB eZ cvjb Kiv nq|

eZ cvjbKvixt- mvaviYZ MṁnbxiṁB GB eZ cvjb Kṭi|

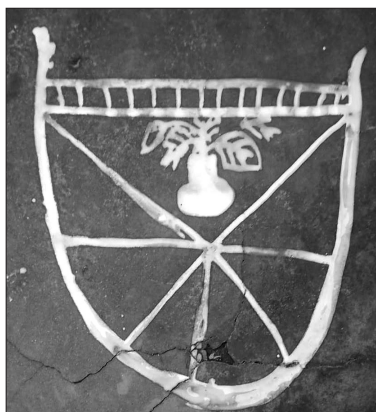
eZ c×Zt- K||j g½je†i K†jvq K†i †Rvov Kj, KjcvZv v`†q cRv v`†Z nq| Av i n||i Zjvq e†m Wvjwm× v`†q GKmv j g||o †L†Z nq|

$$e^{\dagger}Zi\ A_vj\ cbvt- K_{\parallel}j\ g^{1/2}j\ ev^{\dagger}i\ i\ e^{\dagger}Zi\ A_vj\ cbvq\ \backslash u_{\parallel}\backslash K\ Av^{\dagger}Q-$$

1. $b \succ bZ_{\mathbb{W}} \ddot{E}K \mathbb{W} \backslash K$

2. $gb^{-w} \ddot{E}K \, w \backslash K$

১. $b \rightarrow bZ_{W\tilde{E}K} \rightarrow Kt - A_{1/2} j_{cbv} n_j eZ_{xi} g_{\tilde{b}i} K_{igb} - e_{vmbvi} c_{WZK} qZ_{i^c} | e$ তিনী $Z_{vi} e_{\tilde{Z}i}$ $ga \rightarrow q_{hv} K_{igb} K_{\tilde{t}b} Z_{VB} A_{1/2} j_{cbv} q_{\tilde{Z}j} a_{\tilde{t}b} | K_{1j} g_{\frac{1}{2}j} e_{v\tilde{t}i} e_{\tilde{Z}} e$ তিনী $K_{\tilde{t}jvi} Q_{\tilde{e}}$ $A_{\tilde{t}Kb} | hv Z_{vi} t_{m\tilde{s}} \rightarrow h \rightarrow f_{v\tilde{e}bvi} c_{vKv} c_{Wk}, K_{igb} - e_{vmbv} c_{mZ} g_{\tilde{b}i} Q_{\tilde{e}} K_{\tilde{c}o} K_{\tilde{t}i} |$
২. মনস্তাত্ত্বিক $\rightarrow Kt - K_{1j} g_{\frac{1}{2}j} e_{v\tilde{t}i} eZ_{m\tilde{v}iY} e_{w\tilde{o}i} D_{V\tilde{t}b} K_{\tilde{t}jv} t_{c\tilde{Z}}, NU t_{c\tilde{Z}} K_{iv} n_q | G_{\tilde{t}q\tilde{t}i} e$ তিনী $t_{h} K_{\tilde{t}jvi} Q_{\tilde{e}} A_{\tilde{t}Kb} Z_{vi} g_{\tilde{t}a} t_{hgb} g_{\tilde{t}k} \rightarrow v_{\tilde{t}k} km - m_{\tilde{a}c\tilde{t}} i c_{vPh}, t_{Zg_{wb}}$ $g_{\tilde{t}k} \rightarrow v_{\tilde{t}k} M_{\tilde{t}i} K_{j\tilde{v}\tilde{t}i} K_{igb} | c_{vKv} c_{Wk} N_{\tilde{t}Ui} t_{h} P_{\tilde{t}i} Z_{v} g_{\tilde{t}b} De_{iZv} c_{ZxK} |$

 $K_W |g^{1/2}| e v_{\pm}^{\dagger} i i e Z$

e†Zi মনস্তাত্ত্বিক ॥ `Kt-

K†jv nj Kl†Ki N†ii GKU AZ`vek`Kxq Dcv`vb| avb, Mg, he SvoB Ki†Z K†jvi e`venvi Kiv
nq| ZvB Kwj g½jve†ii eZ Kivi mgq bvixiv K†jv†KB GKU cieĤ DcKi† wnmv†e te†Q wb†q†Qb|
mvavi†Z msmv†ii g½jv† I Hk†hi Kvgbq bvixiv GB eZ cvjb K†i v†Kb|

5. Akì eZt

e†Zi bvg̃t- Ak ì eZ

e†Zi mggKvj t- ^PÎ msμwš † ‡K ^ekvL msμwš chš GB eZ cvjb Kiv nql

eZ c v j b K v i x t- m v a i b Z M m b x i v B G B eZ c v j b K ‡ i v ‡ K b l

eZi DcKi⁹t- Ku^P c^VK^V Ak^ì c^VZ^V w^bq GB eZ c^Vj b Ki^v nq|

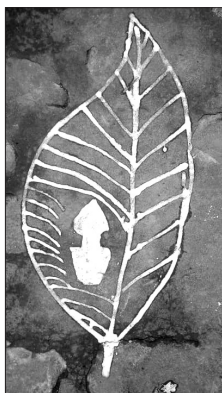
eZ c×||Zt- K√D-c√K√ Ak` c√Z√ ||b†q, R†j `w†q GB eZ c√jb Ki†Z nq|

e†Zi Av j cbvt- Ak` e†Zi Av j cbvi I `wU w`K Av†Q-

1. $b \succ bZ_{\mathbb{W}} \ddot{E}K \mathbb{W} \backslash K$

- ## 2. মনস্তাত্ত্বিক ঃ K

1. b`bZwĒK w`Kt- Akĭ e†Zi Avjcbvq eতিনী GKwU Akĭ cvZvi I ci wmuì †KŠUvi wPy
AvKb| hv wbtm†`†n Zvi tmŠ`h`†PZbvi w`KwU†K dwU†q †Zv†j|
2. gb`wĒK w`Kt- AvjcbwUi g†a` thb eতিনীর g†bi GB c`Qb fveU jKwvqZ _v†K th Akĭ
Mv†Qi gZ`xNvqjvf I wmu i wmuì A†q vKvi ewmbv|



Akì eZ

e†Z i gšt-

GB eQ†i GB eZ

Avi eQti Avevi eZ

c_vK_v c_vZ_{WU} g_v vq w`‡j

cVKV P±j w m ù i c±i

KvBw cvZwU gv_vq w`†j কাঁন gwZ nq

GB eQ† i GB wke

Avi eQ†i cWvi †Zvgvi c†Rv|

eʔZi gʔʂi ବାଲି- AkI eʔZi gʔʂi gʔaː bviŋgʔbi ʱPiʂb GKU eɪmbv ɛʔqʷx nʔq ˌvKv ev ɪmɪu_i
ɪmɪu_i gv_vq ɪbʔq gZˈjvʃ Kivi eɪmbvUvB gZ nʔq DʔVʔQ| cɪkɪcɪk ɪke cRvi gaː ɪʔq ɪkʔei gʔZv
ˌvqɪ jvʃ Kivi eɪmbvUvI ʔhb DʔV GʔmʔQ|

2. মনস্তাত্ত্বিক ঐKt- AvjcbvUi ga" ঐ`tq GKঐ`tK k•Li/cx লক্ষীর Ae`vb Abঐ`tK Pμi/cx
bvivqগেী Ae`vb| A_vr eতিbx thb GKB mঐ_ লক্ষী bvivqগ Dfq†K Íibv K†i _v†Kb e†Zi
Avjcbvi ga" ঐ`tq| hv g†j \_v†K gjZ msmv†i i mL - mgg×i AvKv•Lv| Avi লক্ষীর c`Pý ,w
AZ†Z Qj c† - cwLi c`Pý| hv gjZ Qj ‐kkv†i i ms†KZ| th ,w GLb লক্ষীর c`Pýi"†c
†fv††fi B†½Zevnx n†q D†V†Q



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eṭṭi Mbt-

Gṭmṭ gṭ লক্ষ্মী eṭmṭ gṭ লক্ষ্মী
 ` nṭṭZ ʷeZṭi Ki“Yṭ ʷmṭ×
 _ṭṭKṭ gṭ MṭṭnṭZ nBqṭ AP jṭ
 ṭZṭgṭi Kcṭq j ʷfe mKṭ j
 Gṭmṭ gṭ, Kg jṭ nṭqṭ bṭ ʷb`qṭ
 cṭB ṭhb Ze Acṭi Ki“Yṭ
 ṭZṭgṭi l `ʷU PiY`cṭk |

eṭṭi Mṭṭbi eṭṭi:- K j লক্ষ্মীর eṭṭi c_ṭṭB ṭ`exṭK Aveṭnb Kiṭ nq| ṭ`exṭK Gṭ eṭ j Aveṭnb Riṭbṭbṭ
 nq ṭh ʷZṭb Mṭṭn ṭhb AP jṭ nb| mecṭi Mṭṭ ṭhb km` mṭcṭṭ, aṭṭb-Hkṭṭh` fṭi _ṭṭK| ṭmB mṭṭ½ G l Riṭbṭbṭ
 nq ṭ`ex ṭhb Zṭi Acṭi Ki“Yṭ ʷbṭq Mṭṭnbṭi cṭZ m`q nb, Ges msmṭṭi mL-kṭṭṭ ṭhb eRṭq _ṭṭK|

eṭṭi মনস্তাত্ত্বিক ʷ`Kt- লক্ষ্মীṭK mṭaviYZ ab-Hkṭṭh`i ṭ`ex ʷṭcṭB Kíṭb Kiṭ nq| ʷKṭ K j লক্ষ্মী ṭṭnZ,
 K j ev eṭṭi mL-mṭṭṭ× ev K j`ṭṭṭi eṭmbṭUṭ l Gi mṭṭ½ h³ _ṭṭK| ṭṭbṭbṭ hṭq K j লক্ষ্মী bṭṭK msmṭṭi ṭ_ṭṭK
 ʷe`ṭq ʷbṭj msmṭṭi Rṭj - cṭo ṭkl nṭq hṭq| esk aṭsm nṭq hṭq| ZṭB msmṭṭi i mL-mṭṭṭ× eRṭq iṭLṭZ,
 cṭieṭṭi i K j`ṭṭṭi bṭixṭ GB eZ cṭjb Kṭi _ṭṭKb|

7. ṭcṭl cṭeṭ eZt

eṭṭi bṭg: ṭcṭl পাবণ eZ

eṭṭi mṭṭKṭj: ṭcṭl gṭṭi mṭṭṭṭ ʷZṭ_ṭZ GB eZ cṭjb Kiṭ nq|

eZ cṭjbKṭiX: Kgṭix ṭṭṭqṭ Ges Mṭṭnbṭi DfṭB GB eZ cṭjb Kṭi _ṭṭKb|

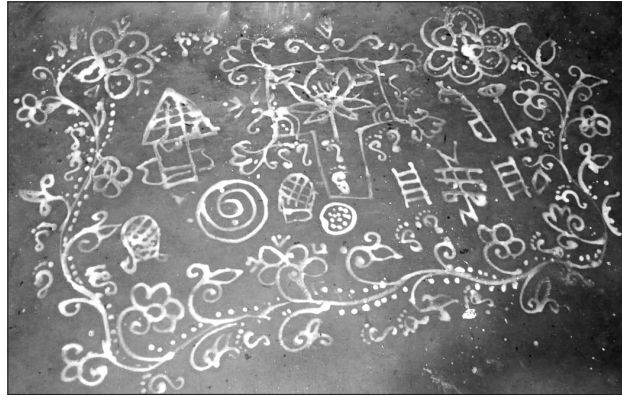
eṭṭi DcKiY: aṭṭbi ṭMṭQṭ, Aveṭgi ডাল, ʷmṭi, mṭṭ, d j, BZ`ṭṭ` evDṭb evṭi KṭṭR e`eṭZ nq| Ges
 cRṭi `ṭb bṭZṭ ṭ` lqṭi বা পরিষ্কার করার Rb` Kṭṭov gṭU, Bṭi gṭU cṭqRb nq|

eZ c×ṭZ:- ṭhṭ`b evDṭb evṭi nq ṭmṭ`b Kṭṭov gṭU, Bṭi gṭU GKmṭṭ½ ʷgṭkṭq VṭKṭi i RṭqMṭ, গোয়াল
 Ni, iṭbṭi Ni, aṭṭbi ṭMṭjṭq cṭj c ṭ` lqṭ nq| mṭṭṭṭṭṭZ ʷeṭfb ṭ`e ṭ`exi cRṭ ṭ` lqṭ nq| ʷeṭK jṭejṭ
 mh Wṭe ṭMṭj PṭiṭṭṭṭK bṭZṭ ṭ` lqṭ nq| Zṭi cṭi bṭZṭ ṭ` lqṭ RṭqMṭq jṭO j, লক্ষ্মীর cṭ, Kṭṭ, aveṭ, Kṭjṭ,
 লক্ষ্মীর ṭcṭ, ṭMṭjṭNi, gB BZ`ṭṭ` Aveṭcbṭ ṭ` lqṭ nq| ZṭQṭov l, ṭcṭl gṭṭi aveṭ KṭUṭi cṭi Pṭṭi RṭṭṭZ
 GKUṭ Kṭe aṭṭbi ṭMṭṭi ṭiṭL Aveṭ nq| Zṭi cṭi Wṭe, `a, Aveṭjṭ/আতপ Pṭj, ʷZṭj LṭRṭ ʷ`ṭq gKṭi ^Zṭi Kṭe
 Kṭṭi NÉṭ ewRṭq aṭṭbi ṭMṭQṭṭṭK gKṭi Kṭi Aveṭ nq ewoṭZ| Zṭi cṭi iṭmaveṭ ṭcṭZ লক্ষ্মী cRṭ Kiṭ nq|

eṭṭi Aveṭcbṭ ṭcṭl cṭeṭ eṭṭi Aveṭcbṭi `ʷU ʷ`K AveṭQ-

1. bṭ`bZṭṭṭK ʷ`K
2. gb`ṭṭṭṭṭK ʷ`K

- 1 b`bZwĒK w`K: tčšl cveṭṭi eṭZi eṭZb th Avj cbv AvtKb ZvZ Kṭjv, cŪ, gB, avṭbi ṭMvjvi wPy AvtKb| G, wj eZxi Kvgbv embv cmZ gṭbi cwiPq enb Kṭi| cvkvvcwk ṭkwb jZvi Qe, wj GKvšfvṭeB bvi x gṭbi ṭmš`h` ṭPZbvi cwiPq enb Kṭi|
- 2 gb`wĒK w`K: fviZel Kwi cab ṭ`k| Kwi l cṭiB GLvKvi AiaKvsk gvbṭli RxiKv wbev nq| Avi tčšl cveb-ṭZv gjZ Kwi Nṭii Drme| ZvB Kwi KṭRi mṭ½ GB eṭZi A½vA½ mṭcK| ṭmB Rb` eṭZb GB eṭZ Kṭjv, gB, avṭbi ṭMvjvi wPy AvtKb| Avj cbvi GB wPy, wji ga`w`ṭq eṭZb thb Kvgbv Kṭib Zvi Mṭn km` mṭcṭ` l cvPh অক্ষুণ্ন রাখার| mvṭ_ Hkṭh`i ṭ`ex লক্ষ্মীকে Mṭn teta ivLvi GKUv cqvm l eṭU|



tčšl cveY eZ

eṭZi মনস্তাĒK w`K:- tčšl cveṭ ṭṭnZ Kwi Nṭii Drme ZvB GLvṭb mviv eQṭii gRZ Kṭi ivLvi embwU wμqvKxj| cvkvvcwk - Avgvi mšvb thb wṭK`ṭa fvZ-i gṭZv fvebwU l thb GB eṭZi সঙ্গে যুক্ত। বাঙালির cab Lv` fvZ, ZvB mviveQi ṭmB fvZi thvMvbṭK অক্ষুণ্ন ivLṭZ bvi xiv GB eZ cvjb Kṭi wṭKb| Abṭc fvṭe tčšl পার্বণের Kq`b evOwji Nṭi wṭV cwi Kivi ṭṭi lqvR cPwjZ AvṭQ Zvi ga`w`ṭq evOwji i ṭfvRb iwmK gvbwmKZvi l cwiPq dṭU DṭvṭQ|

8. ṭvivcvjv eZt

eṭZi bvg:- X`vivcvjv eZ

eṭZi mgqKvj:- kveṭ gṭm mvaviṭ GB eZ cvjb Kiv nq|

eZ cvjbKvi x:- Kgvix ṭṭṭ l Mṭea DfqB GB eZ cvjb Kṭi wṭKb|

eṭZi DcKiṭ:- mvaviṭZ cRvi Rb` LB, bvi cṭqvRb nq| GQvov l AbṭfvṭMi Rb` fvZ, kvK fvRv, bviṭKj fvRv, gvQ, ṭLwvi Wj BZ`w`i cṭqvRb nq|

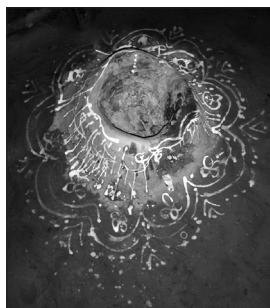
eZ c×wZ:- gbm cRvi AvṭMi w`b iwiṭZ fvZ, kvK fvRv, bviṭKj fvRv ivbv Kṭi ivLv nq| fvZ Rj ṭXṭj ivLv nq| cṭii w`b mŪvṭejv gvQ, ṭLwviri Wj w× Kṭi Wkṭii Kṭṭ ṭm, wj DrmM Kiv nq| Zvici ewoi ṭjvṭKiv ṭm, wj Lvq|

$e \vdash Z_i \text{ } A \vee j \text{ } cb \vee :-$

X^vi_vc_vj_v/p^vi_vc_vj_v e†Zi A_vj c_bv i l `wU w`K A_v†Q-

2. $gb^{-1}w\ddot{E}Kw`K$

1. b`bZwEK w`K: GB eZi Avjcbvi GKwU wekl w`K nj GiU mvaviqZ Db`bi Mvq t`lqv nq| ZvQovI GB eZi Avjcbvi e`tibx th jZvi Qwe AvKb Zv wbtm`n Zvi tmS`h`tPZbvi cwiPvqK|
2. মনস্তাত্ত্বিক w`K:- Xvivcvjv eZ thtnZ gbmw cRvKw`K eZ ZvB nqZv GLv`b e`tibx cU jZvi Qwe AvKb| GQovI cUe`bB thtnZ gbmvi Aaôvb, th Rb` Zvi Avi GK cUveZxi eU| cUjZvi Qwe AvKvi q`a` GB febwU c`Ob vKtZ cvti eti q`b Kiv nq|

X^vi_vc_vj_v / p^vi_vc_vj_v eZ

eʔZi মনস্তাত্ত্বিক ৷`K:- gbm̥v th̥nZ সপেরে ʔ`ex eʔj eũj cPɿjZ, Avi Avgvʔ`i Mvg-evsjvi mʔci Dc`e
Le ʔewk ZvB gbm̥v ʔ`exʔK cmb ivLʔZ GB p̥vivcvjv eZ cvjb Kiv nq| GQvovI mc th̥nZ AwaK msL`K
Wg c`vb Kʔi ZvB GB ʔ`exʔK cRv Kivi ga`w`ʔq GKUv DeiZv ʔK`xK fveavivI ৷μqvʔxj _vKʔZ
cvʔi eʔj gʔb Kiv nq| mecwi gbm̥v Avei evʔ`ex ৷nm̥ʔeI cPɿjZ| ZvB ZvʔK cRv Kivi ga`w`ʔq ev
ev M̥n mL - mgv̥x eRvq ivLvi fvebvUI ৷μqvʔʃi _vʔK|

20. $\dagger M_V K_V j \text{ eZ:-}$

$$e \nmid Z \mid b \vee g:- \nmid M \vee K \vee j \mid e Z$$

e†Zi mgqKvj:- ^PÎ msμvš † ‡K ^ekvL msμvš chš GB eZ cvjb Kiv nql

eZ c_v j bK_v i_x:- m_v a_v i YZ M_v n_b i_v B GB eZ c_v j b K_† i_b |

e#Zi DcKi᳚:- ᳵZb Aᳱ᳚ `eᳶN᳹m, GK NᳱU R᳴᳚, GKᳱU ᳹᳹ùì †K\$᳴Uᳶ, ᳹KQ c᳾igᳶ᳚†Zj, nj`, nᳱZcᳶLᳶ,
GKᳱU Mi“|

eZ c×Z:- Mi“i Kc†j †Zj, nj`, wùì w`†Z n†e| c†q Rj w`†Z n†e| Zvi ci Mi“i g†L Avw Nvm w`†Z n†e|

e#Zi Avj cbv:- †MvKvj / গৌকুল e#Zi Avj cbv i l `U `K Av#Q-

1. b>`bZvত্রিক `K

2. gb`ত্রিক `K

1. b>`bZvত্রিক `K:- †h†nZ GvU GKvU †MvgvZv †Kv>`K eZ ZvB GLv†b b>`bZ†Zi v`KUv GKULvwb D†c`¶Z| Z_vc bvxgb †h†nZ †m>`h` tev†ai c¶iPvqK ZvB GB e†Z Mi`†K mvRv†bv n†q \_v†K| hv †b†m†>`†n b>`vbkZv i RvqMvU†K `có K†i|

2. মনস্তাত্ত্বিক `K:- †h†nZ fviZel Kvlcavb †`k ZvB Mi`i †hLv†b GKvU †e†kl Ae`vb| Mi`gv†B †e†fbiKg `»RvZ Lv`c`vb K†i Avgv†`i A\_bvZ†K mej iv†L| ZvB e†Zi Avj cbv, vji †¶†† i †`Lv hvq Mvnbx iv A†bKmgqB Mi`i Qve G†K Zv i cv†qi Kv†Q e†m \_v†Kb| Ggb GKUv fve c¶i†ekb K†ib †h Mi` fMeZx| hLv Avgv i Rvwb †h†b fi†qcvl††i fvi †bb †Zv†B fMe†b| mZi v Avj cbv i g†a`l GB fvebvU †hb c`Qb _v†K|

e#Zi gš:-

1. †MvKj †MvKj evm

Mvfx g†L `†q Nvm

c i R†b† `†M evm|

2. Pvi L†i v`†q cwb

Avig †hb nB ivRvi ivbx|

1 e#Zi g†ši e`Lv:- 1. †MvKvj e#Zi c\_g gšUi g†a`gZ`i ci A\_vr ci Kv†j `Mjv†fi GKUv AvKv•Lv †_†K hvq|

2 †ØZxq gšUi ga`v`†q `ivRvi ivbx` - A_vr cvw_e Pvn`vi v`KvU D†V G†m†Q| †h†nZ fviZel `vi`cavb †`k, Z\_vc bvx gv†B Kvgbv K†ib mL-mg× Z\_v †elqjvf| ZvB e†Zi g†ši ga`v`†q l †mB fvebvB †µqv†xj nq|

e#Zi মনস্তাত্ত্বিক `K:-

†h†nZ Avgv†`i †`k gjZ Kvlcavb †`k ZvB Avgv†`i eZ Z_v †jšKK agv†b, vj A†bKv††K Kvl †K>`xK| Avi †hLv†b Mi` GKvU , i`Zcy fvgKv cvjb K†i| ZvB bvxiv Zv†`i †MvKvj eZ cvj†bi †¶†† †Mv††KB †e†Q †b†q†Qb| Zv†K †K>` K†i GKv`†K bvx††bi `Mjv†fi evmbv †hgb D†V G†m†Q| †Zgwb Ab`†K Afvex msmv†i i †g†q†`i ivRivbx n†q \_vKvi evmbvU l D†V G†m†Q| hv Zvi cvw\_e Pvn`vi c¶iPvqK|

PZ_Aa`vq:-

GKvesk kZ†K eZvPvi l eZcvjb:-

GKwesk kZK gjZ ch³ i hM - gšbfiZvi hM| GB hM `wotq gbl thfvte hšbfi nq ctoQb, eZ, wjZiZi Zvi Qvqv coZ i i KtiZQ| fv` - Um th eZ, wj cvjZbi tññ GKmgq t`Lv thZ eñbiv mviivZ tñM tm, wj cvjb KiZb| Avi tmB Mb, wj i gta Zv` i wbZ`w`bi cvlqv bv cvlqv, Avkv - Avkv•Lv, mvgwRK bvb AbUb, cwi ewi K bvb Akwš Dv Avtm| cvkvwkv fv`-Um thb nq I V Avgv` i Nti i tgq| mZivs Nti i tgqK tgqiv Zv` i cwß-Acwß, `tL-eÅbvi K_v tkvbZ vKb gL gL ^Zix GB Mvbi ga` w`q| wKš hš mf`Zvi DbZi Kviñ t`Lv hv`Q tgqiv Avi tmB mvgwZvi RvqMvq hv`Qb bv| Zviv eis mnRj f` evRviPjZ wKQ রেব্রড, wR Pwj q w`q| Avi ia tgqiv tKb bviX - ci`I wbe+kI ivZ RvMqB Ges wW. tR Pwj q w`q GKUv Dñvg উল্লাসের ga` w`q GB fv` Umi i wñ RvMiq cvjb KiTQb| GUv th iagvñ evñw j` i gtaB wµqvKj Zv wKš bv, wenwi` i Ab`Zg Drme QU cRv-i tññ I t`Lv hvq AvM b`x ev eo পুষ্টিবিজ্ঞান av i - QU cRv cvjZbi mgq bviXiv হুU gvBqv Mvb KiZb| wKš tmB RvqMvq t`Lv hv`Q gvBk ছি গvqv Mvb evRQ Ges eZ cwjZ nñQ| dñj Zv` i th Avšw iKZv I gL gL D`Pviñ th AvteM Zv thb tKv_vl nwi q hv`Q| ZvB GB eZ, wjZK msiññ GKUv RvqMv t`KB hvq|

Avgiv tKvfvteB GB eZvPvi, wjZK Dññ KtiZ cwi bv| Kviñ GKwesk kZK `wotq Avgiv t`wL Aw`Z", P>`hvbi gZv যান mdj উৎস্রপণ হচ্ছে, wEAvbi Rq`xc জ্বলছে Avkvk- w`K w`K fviZi RqRqKvi| wKš Zvicñ i Avgiv t`wL gvbñ i wkvñ - msñvi tKv_vq thb GB hšbfiZvi lci l KvR Kti hvq| hñŠK tMvjthvñi Kviñ gbl hLb gñvKv t`K wdiZ cvñb bv ZLbB gbl `eshññ wbf i nq ctoB| Zvi Pšvi tññ wñ_j nq cto| Avi eZ, wj tZv gjZ GB KviñB Mto DvTQ| djZ eZ, wj iññ GKUv RvqMv wKš t`KB hvq|

Abñc fvte Avjcbv, wj i tññ I t`Lv hvq Avjcbvi tññ tmB cZxK wvgZv AvR Avi tbB, AvM thLvñb wKvñ jvñi Avkv wñfb c`wPy Avkv nZ| tm, wj GLb লক্ষ্মীর c`wPy ev i fñPñ i t`vZK wñmñ cwiMñYZ nñqQ| GgbñK Avjcbv wbgvñ i tññ Añk mgq tmB AZxZ HñZñ iññ avivewñKZv AvR tbB| AZ`š jNPñj Avjcbv, wj t`lqv nq| wKš Zvicñ i eñZi Avjcbv, wj GñKevñi wñññ nñq hvqbv| Avi GB fvebv, wj ia evñw j` i gta bq, wenwi - wñ`wñ` i gta I wµqvKj t`KñQ| G cmññ iññiq, gñvBñ (gnñvó) AvRI Drmñ iññw j` t`lqv GKUv ceYv t`Lv hvq| nñZv hñmi `weñK gv_vq iññL thLvñb AZxZ HñZñ i mññ AvñbKZvi tQvñ tññMñQ| Z_wñc avivñU AvRI engvb|



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D†jLcÄx:-

1. fviZP>`, Ab`vg½†j i Kie I Kie", mœcvt Avkxl †Nvl cÁv ïeKvk 2016 (c_g cKvk 2004) c†- 2
2. অবনীন্দ্রনাথ ঠাকুর, বাংলার ব্রত, ১৩৫০ বঙ্গাব্দ, বিশ্বভারতী প্রকাশন পৃঃ ২
3. fviZP>`, Ab`vg½†j i Kie I Kie", mœcvt Avkxl †Nvl cÁv ïeKvk 2016 (c_g cKvk 2004) c†- 5

Credits:-

1. Robin Manna, age 70 years, Flok Singer, Jalpa, Naupal, Howrah, 27th June.
2. Mrs. Nomita, age 74, homemaker, khatora – haldarpara – Howrah, 30th May.

Alpana drawing:-

1. Sarothi Manna, age 50, homemaker, Jalpai, Naupala – Howrah,
2. Chandan Halder, age 80, homemaker, Maiti Para – Domjur – Howrah
3. Tina Ray, Age 32, Homemaker, Burikhali – Bauria – Howrah.

Bio Profile of the Author:

M.A in Bengali (Special Paper- Folk Culture), Women's Collage, Calcutta under University of Calcutta.

Internship Report, internship was done under Dr. Debtusi Misra Chowdhury, Assistant Secretary of Kolkata Society for Asian Studies and Assistant Professor of Bengali in Sarojini Naidu College for Women in 2025.